

Yakiudon (Gluten)

Thick Noodle and mixed vegetable with yakisoba sauce (*soya, wheat (gluten), spices (celery, molluscs, fish, crustaceans)*)

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| 1. Vegetable Yakiudon (<i>gluten</i>) (v) | £3.75 | £4.50 |
| <i>Thick noodle (gluten) and mixed vegetable with yakisoba sauce</i> | | |
| 2. Chicken Yakiudon (<i>gluten</i>) | £4.75 | £5.95 |
| <i>chicken, noodle (gluten) and mixed vegetable with yakisoba sauce</i> | | |
| 3. Lamb Yakiudon | £5.95 | £6.95 |
| <i>Pan-fried marinated lamb with salt, pepper, chilli, soya and red pepper paste</i> | | |

Yakisoba (Gluten)

Thin noodle (*gluten*) either with chicken, lamb or vegetable with yakisoba sauce

- | | Regular | Super |
|---|---------|-------|
| 1. Vegetable Yakisoba (<i>gluten</i>) (v) | £3.75 | £4.50 |
| 2. Chicken Yakisoba (<i>gluten</i>) | £4.50 | £5.95 |
| 3. Lamb Yakisoba (<i>gluten,soya</i>) | £5.95 | £6.95 |

Desserts

- Cake with Sauce of the Day
wheat flour (gluten), eggs, butter (milk), nuts, sugar £2.50
- Fruit Salad £2.50

Drinks

- Aloe Vera Juice (small) £1.50
- Aloe Vera Juice (big) £3.50
- Mango/Guava/Lychee £1.50
- Green Tea (bottle) £1.50
- Green /Jasmin/Black Tea/Coffee (Warm) £1.00
- Coke, Diet Coke, Tango, Lilt, Fanta, 7Up, Sprite (can) £0.80
- Fanta/Cola/Diet Coke/Oasis (bottle) £1.00



Please order at the counter

Help yourself to drinks, chopsticks and cutlery

If you have any feedback that could help us to improve our service, we would be very grateful if you could spare a minute to send us an email at: japandeli@yahoo.co.uk

Tel: 0161 445 9205

521 Wilmslow Road, Withington, Manchester, M20 4BA

OPENING TIMES

TUESDAY - FRIDAY : 12.00 - 22.00

SATURDAY / SUNDAY/BANK HOLIDAY: 17.00 - 22.00

MONDAY: CLOSED

Bento Box

(Create your own Bento with your Favourites)

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| 1. Lunchtime Bento (Regular) | £4.95 |
| 1. Lunchtime - Double Meat | £6.95 |
| 2. Lunchtime Bento with 2 Pieces of Sushi (fish) | £6.95 |
| 3. Deluxe Bento with miso soup, edamame (<i>soyabean</i>), 2 pieces of sushi (fish), 2 pieces of potato croquet (<i>wheat (gluten)</i>) | £8.95 |
| 4. Bento with Salmon (fish) | Regular £5.95
Double £8.50
Delux £9.95 |

Ordering your Lunchtime and Deluxe Bento

Option 1 - Choose from...

- | | Regular | Deluxe |
|--|---------|--------|
| 1. Lamb | £4.95 | £8.95 |
| 2. Salmon (fish) | £5.95 | £9.95 |
| 3. Chicken | £4.95 | £8.95 |
| 4. Crispy Chicken (Katsu) batter/breadcrumb (<i>gluten</i>), eggs | £4.95 | £8.95 |
| 5. Karage garlic, ginger, soya, chilli and batter (<i>gluten</i>), fried chicken | £4.95 | £8.95 |
| 6. Chicken Gyoza wheat (<i>gluten</i>), soya, sesame oil, eggs, molluscs | £4.95 | £8.95 |
| 7. Vegetable Gyoza (v) wheat (<i>gluten</i>), soya, sesame oil, eggs, molluscs | £4.95 | £8.95 |
| 8. Tofu Steak (<i>soyabean curd</i>) (v) Deep Fried Tofu (<i>soyabean</i>) with batter (<i>gluten</i>) | £4.95 | £8.95 |

Option 2 - Choose from...

- Teriyaki Sauce (*soya*)
- Black Pepper Sauce
- Chilli BBQ Sauce
- Tonkatsu Sauce (*soya*) (piquant, savoury fruit sauce)
- Mayo (*eggs/mustard*), garlic/ginger/wasabi)
- Shichimi Japanese 7 Spice Sauce (*sesame seeds*), butter (*milk*), lemon, salt, ginger and garlic
- Curry Sauce (*celery/milk/peanuts*)

Option 3 - Choose from...

- Japanese Rice
- Japanese Rice with sesame topping
- Yakisoba (thin noodle (*wheat(gluten)*)
- Yakiudon (thick noodle(*wheat(gluten)*)

JAPAN Deli



With love and light



Fine Japanese Cuisine & Sushi

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FOOD ALLERGY? ASK BEFORE YOU ORDER...

Food prepared here may contain or have come in contact with: Peanuts, Tree Nuts, Sesame, Soya Beans, Milk, Eggs, Cereals containing Gluten, Fish, Molluscs, Crustaceans, Mustard, Lupin, Celery, Celeriac, Sulphur-dioxide.

PLEASE NOTE: BOLD LETTERS INDICATE THE ALLERGIC INGREDIENTS.

Starters

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| 1. Miso Soup (soyabean paste) (v) with wakame (seaweed) & spring onion | £1.50 |
| 2. Miso (soyabean) (v) with wakame (seaweed) and tofu (beancurd) | £1.95 |
| 3. Edamame (boiled green Soyabean) (v) with salt/lemon/olive oil/Japanese seven spices (sesame seeds) | £2.45 |
| 4. Spring Roll (v) wheat (gluten), eggs, sesame seeds, soya, mono-sodium glutamate | £3.10 |
| 5. Katsu Chicken (breaded chicken) batter (gluten), egg and breadcrumb (gluten), deep fried chicken breast | £3.50 |
| 6. Vegetable Gyoza (5 pcs dumpling) (v) wheat (gluten), soya, sesame seeds, molluscs | £3.10 |
| 7. Chicken Gyoza (5 pcs dumpling) wheat (gluten), soya, sesame seeds, molluscs | £3.10 |
| 8. Squid Gyoza wheat (gluten), eggs, squid (molluscs), peanuts, soya | £3.10 |
| 9. Karage Chicken (8pcs) chill, soya, ginger, garlic and batter (gluten), deep fried chicken | £3.10 |
| 10. Chicken Chili Deep Fried chicken breast with vegetable, chilli, ginger, garlic, soya and red pepper paste | £4.50 |
| 11. Mixed Fingerfood Plate breaded prawn (crustaceans), egg, batter (gluten), spring roll/samosa (gluten, soya, sesame seeds, mono-sodium), squid (molluscs), dumpling, potato croquet (wheat gluten) | £4.95 |
| 12. Lamb Starter marinated with ginger, garlic, chill, soya and red pepper | £3.95 |
| 13. Teriyaki Salmon (5 Pieces) pan fried salmon (fish) with Teriyaki sauce (soya) | £4.50 |
| 14. Chilli-Pepper Squid pan fried squid (molluscs) with batter (gluten), chilli, pepper, lemon and red pepper paste | £3.50 |
| 15. Green Salad with olive oil dressing (v) | £3.00 |
| 16. Green Salad (v) with olive oil dressing, 4 pieces of crispy chicken (gluten, egg) or 4 pieces of breaded crispy prawn (gluten, eggs, crustaceans) or 5 pieces of spring roll (wheat (gluten), soya, sesame seeds, mono-sodium glutamate) | £5.00 |
| 17. Shrimp Salad with cocktail sauce Shrimps (crustaceans) mayonnaise (eggs, mustard), ketchup, dill, lemon | £4.95 |
| 18. Japanese Rice with sesame toppings | £1.95 |
| 19. Takoyaki (5 pieces of moulded octopus) Octopus (molluscs), egg, soyabean, bonito (fish) | £3.95 |
| 20. Seaweed Salad (gluten/soya) (v) | £3.50 |

Sushi

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| 1. Any two pieces of Sushi (Nigiri) tuna/salmon/cooked prawn/seabass/trout/tofu/sweet eggs, eel | £1.80 |
| 1. Chef's choice of 6 pieces Sushi | £4.95 |
| 2. Chef's choice of 8 pieces of Sushi | £6.25 |
| 3. Chef's choice of 12 pieces of Sushi | £8.95 |
| 4. Chef's choice of 32 pieces of Sushi | £24.95 |
| 5. 6 Pieces of Salmon Nigiri | £4.95 |
| 6. 6 Pieces of Tuna Nigiri | £5.50 |
| 7. 6 pieces of Vegetarian Sushi (v) | £4.50 |
| 8. 8 pieces of Vegetarian Sushi (v) | £5.95 |
| 9. 6 Pieces of Inari (Nigiri) | £4.95 |

Roll (8 Pieces) & Maki (6 Pieces)

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| 1. Salmon and Avocado California Roll (sesame seeds) | £4.95 |
| 2. Spicy Salmon Roll seven spice (sesame seeds), dill, soya, olive oil | £5.50 |
| 3. Tuna Roll | £5.95 |
| 4. Spicy Tuna Roll seven spice (sesame seeds), dill, soya, olive oil | £6.50 |
| 5. Salmon Maki | £3.95 |
| 6. Tuna Maki | £4.50 |
| 7. Prawn Katsu Roll (batter/breadcrumbs (gluten), egg/prawn (crustaceans)) | £4.95 |
| 8. Crispy Chicken Roll batter/breadcrumbs (gluten), eggs, deep fried chicken breast | £4.50 |
| 8. Avocado Maki (v) | £3.50 |
| 9. Cucumber Maki (v) | £3.50 |

Sashimi & Handrolls

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| 1. 6 Slices of mixed Sashimi (pieces of fish) | £4.75 |
| 2. 8 Slices of mixed Sashimi (pieces of fish) | £5.95 |
| 3. Salmon Avocado Handroll | £2.95 |
| 4. Spicy Salmon Handroll seven spice (sesame seeds), dill, soya, olive oil | £3.50 |
| 5. Tuna Handroll | £4.50 |
| 6. Spicy Tuna Handroll (seven spice, dill, soya, olive oil) | £4.95 |
| 7. Vegetarian Handroll (v) cucumber, avocado, inari (smoked Tofu (soya)), pepper, pickled radish | £2.50 |

Sushi Set Meals

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| 1. Sushi Set Meal for 1 6 Pieces of Sushi and Salmon Avocado Handroll | £6.50 |
| 2. Set Meal for 2 California Roll (8 pieces), 6 Pieces of Sushi and 2 Salmon-Avocado Handroll | £12.95 |
| 3. Set Meal for 3 2 California Rolls (16 pcs), 6 Pieces of Sushi, 3 Salmon-Avocado Handroll | £19.75 |

Japan Deli Specials

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| Japan Deli Specials No.1 £9.50 |
| Starter: 5 Pcs of Chicken or Vegetable Gyoza (wheat (gluten), soya, sesame oil, eggs, molluscs) or 4 Pieces of Sushi (fish) |
| Main: Crispy Chicken Curry with Rice (batter (gluten), eggs, milk, peanuts, soya) |
| Dessert: 1 Pcs of Cake (wheat flour (gluten), eggs, butter (milk), nuts) or Fruit Salad |



v = suitable for Vegetarians

Japan Deli Special No.2 £9.95

Starter: Chicken/Vegetable Dumpling (wheat (gluten), soya, sesame oil, eggs, molluscs) Spring Rolls (wheat (gluten), soya, eggs, sesame oil, mono sodium glutamate)
Main: 6 Pieces of Sushi (fish)
Dessert: Cake (wheat (gluten), eggs, butter (milk), nuts) or Fruit Salad

Japan Deli Special No.3 £10.50

Starter: Seaweed Salad (seaweed, wheat flour (gluten), soya)
Main: 8 Pieces of Sushi (fish) or Crispy Chicken Curry with Rice or with Noodles
Dessert: Cake (wheat flour (gluten), eggs, nuts, butter (milk)) or Fruit Salad

Ramen (Soup)

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| 1. Ramen with Vegetable Gyoza (v) soup with thin noodle (gluten), mixed vegetable, ginger, garlic, pepper, seaweed, soya, miso paste | £5.50 |
| 2. Ramen with Chicken Gyoza thin noodle (gluten) with mixed vegetable, ginger, garlic, soya, seaweed, pepper, miso soup | £5.50 |
| 3. Ramen with Chicken thin noodle (gluten) with mixed vegetables, ginger, garlic, soya, seaweed, pepper, miso soup (soyabean) | £4.95 |
| 4. Ramen with Seafood (fish) thin noodle (gluten) with mixed vegetables, ginger, garlic, seaweed, pepper, soya, miso soup (soyabean) | £6.50 |
| 5. Ramen with Lamb thin noodle (gluten) with mixed vegetable, ginger, garlic, soya, seaweed, pepper, miso soup (soyabean) | £5.75 |

Donburi

- | | Regular | Super |
|---|---------|--------|
| 1. Torikatsudon crispy chicken (batter (gluten), eggs and fried eggs with rice and Teriyaki sauce (soya and mirin)) | £5.50 | £6.95 |
| 2. Unadon Teriyaki (soya) cooked eel (fish) with rice | £7.95 | £10.95 |

Curry Rice Dishes

- | (NOT SUITABLE FOR MILK AND CELERY ALLERGY) | | Regular | Super |
|--|--|---------|-------|
| 1. Vegetable Curry with Rice (v) | | £3.75 | £4.50 |
| 2. Crispy Vegetable Curry with Rice (v) Deep Fried mixed vegetable with batter (gluten), eggs, salt and pepper | | £4.50 | £5.95 |
| 3. Chicken Curry with Rice baked chicken with vegetable curry with rice | | £3.95 | £5.95 |
| 4. Crispy Chicken Curry with Rice breaded chicken (batter/breadcrumbs (gluten), eggs) with vegetable curry with rice | | £4.50 | £6.25 |

Curry Udon (Thick Noodle)

- | (NOT SUITABLE FOR MILK AND CELERY ALLERGY) | | Regular | Super |
|--|--|---------|-------|
| 1. Vegetable Curry with Udon Noodles (gluten) (v) | | £3.95 | £4.95 |
| 2. Chicken Curry with Udon Noodles (gluten) | | £4.45 | £5.95 |
| 3. Crispy Chicken Curry with Udon Noodles batter/breadcrumbs/Udon (gluten), eggs | | £4.95 | £6.50 |